



# New Forest Central Medical Group

SWAY & BROCKENHURST SURGERIES

## Staff News

The practice welcomes Dr Michele De Filippo to our team as part of his ST2 training. Dr Charlotte Holdsworth (our GP Registrar) will be leaving us shortly to go on maternity leave.

## Hay fever is upon us!

Unfortunately with the improvement of the weather also comes the hay fever season. Symptoms are usually worse between March and September when pollen counts rise, and while there is no cure there are certainly things you can do to treat/reduce symptoms. Visit <https://www.nhs.uk/conditions/hay-fever/#things-you-can-try> for more details. In the first instance, ask your local pharmacist for advice.

## Brexit – a message regarding supplies

Department of Health and Social Care (DHSC) has been working closely with the NHS, pharmaceutical companies, medical device suppliers and others in supply chains to make sure medicines and medical products continue to be available for the NHS if the UK leaves the EU without a deal.

The most important message to our patients is **not to stockpile**; please continue to order and use your medications as normal.

For more information visit: [www.england.nhs.uk/eu-exit/medicines/](http://www.england.nhs.uk/eu-exit/medicines/)

## Attention all women aged 25 to 64!

Cervical screening is one of the best ways to protect yourself from cervical cancer.

Cervical screening checks the health of your cervix. It is not a test for cancer; it's a test to help prevent cancer. It checks for abnormal cell changes and HPV (human papilloma virus).

Please don't ignore your invite when it comes – call a member of our team to book your appointment. **Please also make sure the contact details we have for you are correct – otherwise you might not receive your invite.**

# SPRING 2019 NEWSLETTER

## April/May Bank Holiday Opening Hours

Please note both Surgeries will be closed on the following days over May Bank holiday period.

Friday 19<sup>th</sup> April 2019  
Monday 22<sup>nd</sup> April 2019  
Monday 6<sup>th</sup> May 2019  
Monday 27<sup>th</sup> May 2019

Remember to leave plenty of time to order your repeat prescriptions!

For **urgent** problems when we are closed, telephone 111 (this service is available 24 hours a day for advice and guidance)

## General enquires about the practice?

### Email:

[WHCCG.NFCMG-  
enquiries@nhs.net](mailto:WHCCG.NFCMG-enquiries@nhs.net)

### Telephone:

Sway Reception  
Tel no: 01590 682617  
Brock Reception  
Tel no: 01590 622272

### Website:

Visit our website for more news and information and details of opening hours  
[www.newforestmedicalgroup.co.uk](http://www.newforestmedicalgroup.co.uk)





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## OTHER NEWS

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### **Patient Participation Group – who are we?**

The PPG is a group of active patients who volunteer to work in partnership with Practice Staff and GPs. Our group meets with the practice staff 4 or 5 times a year and provides a channel for communication between patients and the practice.

If you are interested in the development of the Health Service in the New Forest please contact the surgery by email [WHCCG.NewForestCentralMedicalGroup-PPG@nhs.net](mailto:WHCCG.NewForestCentralMedicalGroup-PPG@nhs.net) or contact our secretary Ruth Conway – Tel: 01590 683077 or Email: [ruth.conway@hotmail.co.uk](mailto:ruth.conway@hotmail.co.uk)

### **Brockenhurst Village Agent**

Are you aware that Brockenhurst has a 'Village Agent' – Rosalind who has been appointed by Hampshire Age Concern. Her role is to help you save time searching for information on a wide variety of issues. She is in contact with local services as well as having links to Hampshire County Council Support Services. The information she can give you ranges from help with benefits, safety – both at home and out and about, finding reliable tradespeople, computer and internet and advice on finding residential care and general personal care needs.

More information and flyers are available at the surgery or by contacting Rosalind directly on 07748697442 or by email: [villageagent@ageconcernhampshire.org.uk](mailto:villageagent@ageconcernhampshire.org.uk)

### **Online Access**

Don't forget that if you can register online and then you are able to book appointments, order repeat prescriptions, and see your medication lists all online. The patient Online Access Application forms are available from reception in both surgeries. Once you have filled in the few details you then return it to the surgery along with prove of identity – e.g. a passport or driving licence. On the form you will also be able to say if you would like access to other information such as laboratory results, consultations and clinical documents.

### **Community First Responders**

Community First Responders (CFRs) are volunteers who give their time freely to help save lives in their community. They are trained by South Central Ambulance Service in basic life support, the use of AED (Automated External Defibrillator) and the treatment and control of a wide range of potentially life-threatening conditions

The Community First Responder Scheme has returned to Brockenhurst. Local resident Anita Whittle has completed her training and has been issued with a new set of medical equipment and defibrillator. She will be on call to respond to local medical emergencies when needed.